Emotional Life Cycle of Disaster

- **PREDISASTER**
  - Threat
  - Warning
  - Impact
  - Inventory

- **HEROIC**

- **HONEYMOON (COMMUNITY COHESION)**

- **DISILLUSIONMENT (COMING TO TERMS)**

- **WORKING THROUGH GRIEF**

- **RECONSTRUCTION A NEW NORMAL**

  - Trigger Events and Anniversary Reactions