

## MOMENTS THAT MATTER BRINGS CHANGE TO A FAMILY

Memuna is a 29-year-old caregiver who lives with her husband Idrisu in the rural community of Bilinsmonsa in Ghana. Memuna enrolled in the Moments That Matter Program in 2020. Memuna is pregnant and likely to have her child within the next four months. During a home visit, Cecilia, an Early Childhood volunteer with MTM discovered that Memuna was in her fifth month of pregnancy and had attended only one prenatal care session Cecilia advised her to visit the clinic regularly and accompanied her to the next visit. As a result of the personalized health education she received, Memuna and her husband now regularly attend scheduled prenatal visits. With the encouragement of the ECD volunteer and her husband's support, Memuna regularly visits the health facility for other services, including routine visits for her young child and her husband now participates in-home visits and caregiver group meetings. Memuna reports feeling more a part of the community.

Our Moments That Matter (MTM) program is an evidence-based early childhood development initiative that prepares parents and caregivers to provide more moments of engagement, nurturing and stimulation in the first 1,000 days of children's lives.

Your partnership empowers more families, in more places, to support more children.

[www.episcopalrelief.org/1000DaysOfLove](http://www.episcopalrelief.org/1000DaysOfLove)

**#1000DaysOfLove**

