



# THE DAILY OFFICE

## Midday Prayer

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God is spirit. Those who worship God must worship in spirit and truth.  
Great is the Lord and worthy of all praise.

**Amen! Praise and glory and wisdom, and honor, power and might, be to our God forever and ever!  
Amen**

Love one another, for love is of God, and whoever loves is born of God and knows God.  
Spirit of God, search our hearts.

### **Psalm 86:11**


Lord, teach me what you want me to do.  
And I will live by your truth.  
Teach me to respect you completely.

### **Prayer *Learning to Walk* by J. Bradley Wigger, adapted.**

O God of steadfast love,  
trusting you, we devote our hearts  
to learning and our lives to walking.  
Teach us the truth, that we may walk with courage.  
Teach us mercy, that we may walk with humility.  
Teach us forgiveness, that we may walk with compassion.  
Teach us grace, that we may walk with strength.  
Teach us wonder, that we may walk with praise.  
Teach of goodness, that we may walk with those in need.  
O God of steadfast love,  
learning from you, may we walk well.

### **A Reading from Isaiah 12:2-6**

God is the one who saves me.  
I trust him. I am not afraid.  
The Lord, the Lord, gives me strength and makes me sing.  
He has saved me."  
You will receive your salvation with joy.  
You will take it as you would draw water from a well.



At that time you will say,  
"Praise the Lord, and worship him.  
Tell everyone what he has done.  
Tell them how great he is.  
Sing praise to the Lord, because he has done great things.  
Let all the world know what he has done.  
Shout and sing for joy, you people of Jerusalem  
The Holy One of Israel does great things before your eyes."

**Glory to the Father and the Son and to the Holy Spirit; as it was in the beginning is now: and shall be forever. Amen**

**A Reading from Romans 5:5**

And this hope will never disappoint us, because God has poured out his love to fill our hearts. God gave us his love through the Holy Spirit, whom God has given to us.

**Canticle**

*Benedicite*

Let the whole creation bless the Lord:  
praise and exalt our God for ever.  
Bless the Lord you heavens:  
Praise and exalt our God forever.  
Bless the Lord you angels of the Lord:  
Bless the Lord all you heavenly hosts.


**Glory to the Father and the Son and to the Holy Spirit; as it was in the beginning is now: and shall be forever. Amen**


**The Creed**

**We believe in one God who made all things.  
We believe in Jesus, the only son of God, who saves us.  
We believe in the Holy spirit, who helps us grow to be like Jesus.**

**The Lord's Prayer**

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.**





Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

### Closing Prayers

Loving God, who promises to be faithful and righteous,  
help us to make your vision real for all young children  
so that they are valued for who they are, not who they will be,  
encouraged and supported, not forgotten or neglected,  
listened to and challenged, not ignored or stifled,  
free to play safely, not forced to grow up before their time.

Loving God, wise parent to us all, inspire us to be people who let the young play,  
encourage them to grow, and enable them to flourish, in communities of faithful people, sharing wisdom  
and joy. **Amen.**

Blessed God, at this hour you hung upon the cross, stretching out your loving arms; grant that all the  
children of the earth may be drawn to your uplifted love; for your kingdom's sake. **Amen.**

