

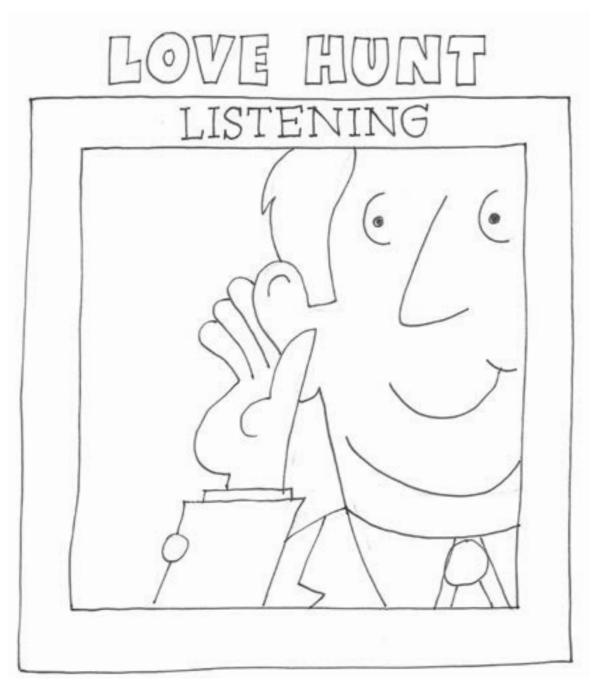
Newborns and their parents and caregivers form a deep bond during daily feeding, diapering, cuddling and singing to sleep. A baby needs to learn that they are loved by their parents and caregivers. Then they can grow up to have happy relationships with others.





Did you know that a two-year-old child who says 50 words could learn 1000 new words by the time they turn three years old? This is why grownups and caregivers, brothers, sisters and other family members should talk to babies. When they do, babies learn more words and then can do much better when they go to school.





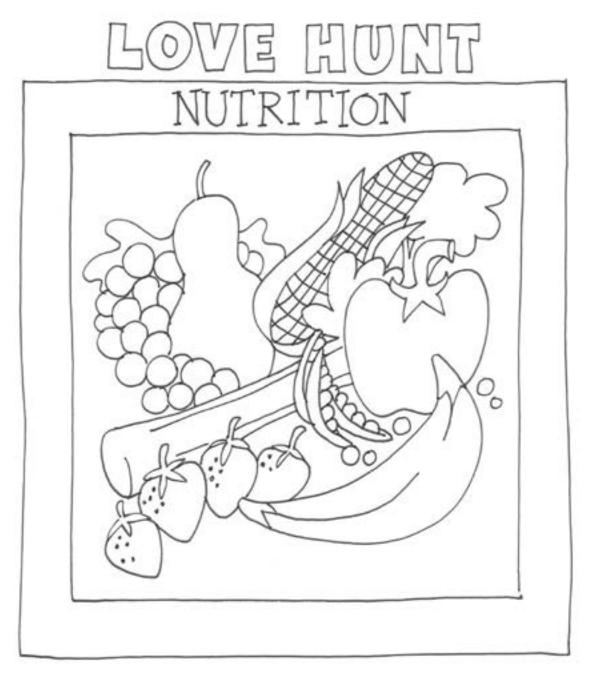
Listening to young children helps them know that they are important. When parents and caregivers listen to children, they feel encouraged, respected and trusted. Episcopal Relief & Development volunteers help grownups and caregivers learn to be good listeners. They teach parents and caregivers to ask children how they're feeling so children can learn to share their thoughts.





Music is really important! Music helps children learn language, creativity, coordination, memory, working together and feeling good about themselves. When children dance to music, it helps them grow stronger. So, music is good for their bodies and their minds.





Around the world, 155 million young children don't have enough food to eat and they don't have a doctor to make sure they're healthy. Because of help from Episcopal Relief & Development, farmers are learning how to build trenches and plant trees while parents and caregivers are composting, planting kitchen gardens and preparing healthy meals.





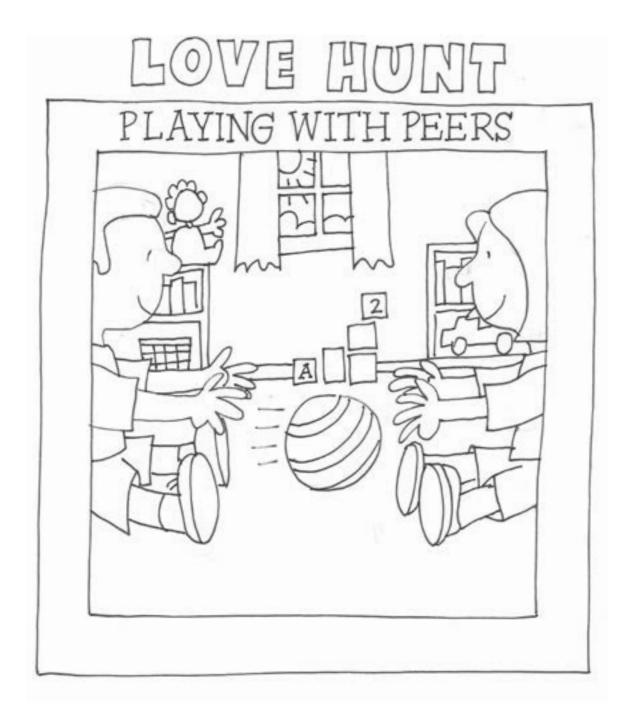
Some parents and caregivers don't have books or computers to teach them how to care for newborn babies. Episcopal Relief & Development is teaching parents and caregivers what they need to know like patience, play and making good decisions for their children.





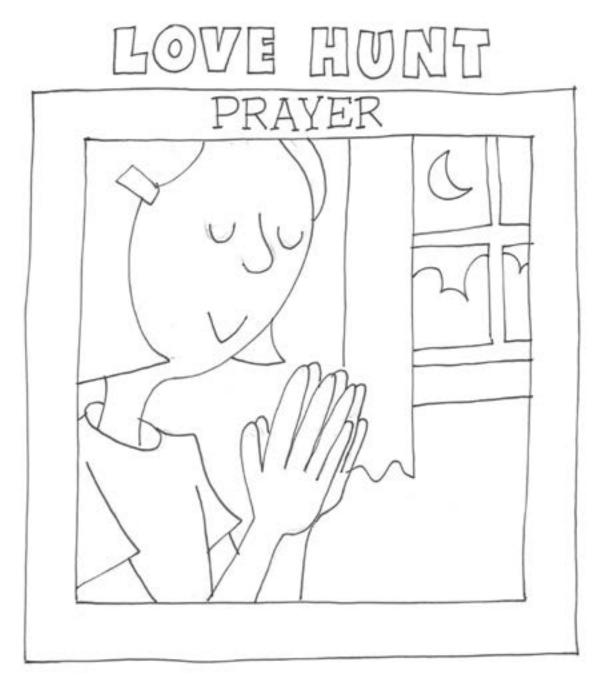
Peek-a-boo really is a significant game for young children to play with grownups and caregivers. Once children learn that something hidden is actually still there, they can learn lots of other things. Peek-a-boo teaches a baby that grownups and caregivers are still there even when they hide their face. All games with grown-ups help babies learn.





When children play with each other, it helps them make sense of the world. They learn to share, take turns and understand rules by playing games. Playing with other children also helps them learn how to get along with grownups and caregivers.





Episcopal Relief & Development helps over three million people every year. This happens when people in your church pray for people who need help around the world. We are all God's children and we all need prayers.